

Nutrition Facts

Valeur nutritive

Per 100 g / par 100 g

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 130	
Fat / Lipides 4.5 g	7 %
Saturated / saturés 2 g	11 %
+ Trans / trans 0.1 g	
Polyunsaturated / polyinsaturés 0.2 g	
Omega-6 / oméga-6 0.2 g	
Omega-3 / oméga-3 0 g	
Monounsaturated / monoinsaturés 0.9 g	
Cholesterol / Cholestérol 80 mg	27 %
Sodium / Sodium 95 mg	4 %
Potassium / Potassium 280 mg	8 %
Carbohydrate / Glucides 0 g	0 %
Fibre / Fibres 0* g	0* %
Sugars / Sucres 0* g	
Protein / Protéines 22 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0* %
Calcium / Calcium	0 %
Iron / Fer	8 %

Simulated Cdn. NFT3.1B (Values Only)

Maxxam Client#: 17137 1.5

Maxxam Job#: A720550

Maxxam Sample#: R19206

Maxxam Sample Desc: LOIN

Serving Size: 100 g

Ref. Amount: 125g

Claims:

-Source of energy

-Low in sodium or salt

-Extra lean

-Source of iron

nb: "lean" claims for meat/poultry/seafood

(see table following B.01.513 items 46 & 47).

Any vitamin or mineral claims are from the CFIA

Guide to Food Labelling and Advertising (chapter 7).

* Table values marked with '**' were not lab tested (claims marked with '**' involve non-tested table values), or not supplied.

[Click here to Recalculate Table](#)

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